

HAMBROOKS
BAY

SWIM PRACTICE AREA*

SWIM
START

2nd
LAP

SWIM
FINISH

GREAT
MARSH
PARK

CHOPTANK
RIVER



SWIM COURSE

- 2.4 Miles
- Two-Lap
- Cambridge, Maryland
- Choptank River

T TRANSITION AREA

* Use the Swim Practice Area in Hambrooks Bay during race week and on race morning.